

So. Montrose Community Church
October, 2013 Newsletter

Our Pastor's Message . . .

Dear Friends,

As I look out of my window, I am blessed to see the beauty of God's creation all around our community. The trees are changing color, my neighbors are planting mums in their front yard and I can still sit outside without a "jacket" in the evening. What a blessing to have warm temps this fall.

October is always a busy month in the life of the church, therefore, it so good to be refreshed by the smell and the color of fall. God knew what he was doing when he created the seasons. We can't help but be thankful, no one else on earth could have put our world together as God has.

This month we celebrate World Communion Sunday. Christians around the world take part and it is a humbling experience to know that as Christians we are not alone. People from all walks of life, all nationalities, all Christian faiths are coming together to recognize Christ and his sacrifice on our behalf. All in a 24 hour period. It is so awesome! As we partake of the bread and cup this week, may you too be inspired and refreshed.

On another note, I just want to celebrate our ministry together at South Montrose. I am blessed to have all our members and friends and visitors participate in worship, service and random acts of kindness. I feel privileged to be your pastor at this time and place. God has blessed us with some new children in JOY and some new people at worship. I am grateful for your kind and loving spirit that lifts up our spirits. Soup Night is just awesome! It is so much fun every year to be a part of the Montrose Fourth of July parade. The time and creativity that is put into building our float each year is amazing. I enjoy making a joyful noise and waving at all the parade goers. The Community Workers and the Outreach Team helps families and

individuals throughout the year through some very difficult times. Each year fruit & cookie boxes are put together for our home bound and nursing home residents. I believe this is our 19th year doing Litter Pick-up on route 29 and the Elk Lake Road. It shows that people in our congregation care about the environment that God has blessed us with. We are blessed to have a Lay Leader and a Lay Member who are active members of our congregation and encourage us to grow and flourish in the name of God. We are a people focused on mission here at South Montrose: Back to School Shoe Program, Red Bird Campbell's Soup Labels, Bake Sale for Blueberry Festival, Christmas Angel Tree, Compassion International, Jail Ministry, Women's Resource Center, VBS, Gracious Living Worship, Cluster Events, just to name a few. Praise God for hearts moved to love God, Love others and use our money and resources to make a difference in the community in which we live. I'm grateful for our Saving Graces and our Senior Choir. Talented and spirit-filled individuals. What would I do without you?

Our Mission Statement: "A Church for the whole community to worship, grow, and serve together in Christ." May the Lord continue to bless us with vision and hope for the future so that others can know the joy of serving Jesus Christ.

Have a blessed fall season,

Pastor Jane



Pastor
Appreciation Month

Pastor Appreciation Month

October is Pastor Appreciation Month! Please take a few minutes to let Pastor Jane or any other pastor you know how much you appreciate the work that they do. Their job is so much more than Sunday morning services. Hospital visits, weddings, funerals, Bible studies, furthering

their education, are just some of the things that keep ministers busy. We are blessed to have a wonderful leader and guide in Pastor Jane. Thank you!!!

Fall Festival

Update: Our annual fall festival was held on September 28th and was a big success again. The weather was gorgeous. A huge thank you to John Vandermark and his crew for babysitting the pigs for almost 24 hours!! From what the visitors were saying, it was well worth it! The food, rummage sale, and bake sale did very well. We raised about \$2,000.00.

Thank you to all who helped in any way. We may need to have more help next year, so please plan on volunteering! Many hands make light work!!



SOUP NIGHT

Our first soup night of the season was September 16TH. It was a great time. We served 90 guests & had a few carry out meals. Our donations were \$281. I donated \$131 to the food bank & saved \$150 for October's soup night. It was fun seeing people we hadn't seen since the last soup night in April. Ingrid Balsama joined us again educating us on the S.N.A.P. program, also.

The next soup night is October 21. We will be serving 2 new soups, creamy baked potato & taco soup. (If you are part of the

Bible study group, you will be my guinea pigs this coming week. I am making a trial batch of the taco soup for you to try out & give me your opinion before I make a huge pot of it.). Kelly Pratt is going to be playing & singing for us. We also will be meeting some new friends. The employees of Progressive Dental here in town had contacted Pastor Jane wanting to know how they could participate at soup night. I have been in contact with one of the ladies who works there & some of them will be joining us to help serve & clean up. I think it is so cool that people in the community want to partner with our church to help out. Soup Night is more than a free meal to some or helping the food bank with donations. Most of our guests come for the fellowship. They like talking about good things that are going on & healings people have received. It's much better than all the bad news and junk we hear on TV every morning. I love standing in the kitchen and hearing all the laughter. I like when people ask me about our church. I like when they come back to tell me about a loved one who has cancer & how they are healed now. Some people truly express gratitude for eating a healthy meal consisting of fruits, veggies, & protein that they may not have cooked on their own or can't afford. We are helping to build a Christian community of people who care about each other. I am so proud to be part of it.

Thank you to all my helpers who help each month. It is a lot of work to do in a little over 2 hours. I couldn't do it without you. Thank you to all who donate such delicious desserts too. The dessert table is always so impressive with all the yummy choices. **See you October 21.**

Chris Smith

Food Bank Wish List Items include the following:

Soup, spaghetti and spaghetti sauce, canned fruits, canned vegetables, peanut Butter, Jelly, canned tuna/chicken, canned Apple

Sauce and Baked Beans, boxed Meals, Mac and cheese, boxed cereal/oatmeal.

Birthday

October 16th – Dawn Arnold

October 16th – Kathryn Linaberry

Anniversary

October 10th - Bob & Paula Remington

With fall in the air, I have a few words I love found in a book called, "In the Beauty of Meadow and Mountain" by Charles Coke Woods: written in 1913.

"He hath made everything BEAUTIFUL in His time" The touches of beauty's brushes are traceable everywhere. She is sketching out on the seas and across the skies. Friend of Mine! lift up your eyes and see, or lower your eyelids and look, for the exquisite touches of a Divine Artistry are everywhere.

Take care, Diane Linaberry

Happenings at Sky Lake

Inaugural 5K Trail Walk and Run

October 6th

There is no set registration fee to participate, however there is a \$25 minimum to receive a T-Shirt. The 5K course is set to wind its way through several of the wooded trails around Sky Lake and through our family campground. There will also be an alternate "Campground Stroll" available that will be perfect for wheelchairs and strollers and anyone else who would prefer more even terrain. Check-in and the Health & Wellness Expo will open at noon. The run will start at 2:15 p.m. and the walk will start at 2:30 p.m. A Hot Dog Roast will be available.

Ladies of the Lake

October 11-13.

This event is designed just for women and offers a variety of activities to choose from. This a great weekend to build relationships with other Christian women.

Second Sundays

October 13, Nov. 10 and Dec 8th

A gathering of youth will take place at Sky Lake the second Sunday of each month from October through May. Start times will vary, so stay tuned to our website. While the youth are getting to know other youth from the area through fun games and activities, adult leaders will have an opportunity to receive training on a variety of youth development topics. We will then come back together for worship and a snack.

Reservations will not be required, but would be appreciated, simply give us a call or send us an email.

Sky Lake

501 William Law Road

Windsor, NY 13865

607-467-4612--FAX

email: matt@skylakecenter.org

<http://www.surveymonkey.com/s/RWZYFD7>

Person In The Spotlight



Our spotlight for October is Suzanne Babcock. After visiting with Gussie last month, we (Mary and Gussie) wandered 2 houses up to visit with Sue. This is her story.

Where were you born? South Montrose
Where did you attend school? South Montrose School, then Montrose High School. I can remember in the school in South Montrose we had ink wells and quill pens, until they discovered that if you were a

girl with long hair sitting in front of a boy, you would end up with your hair dipped in ink.

What college did you go to? Keuka College (Finger Lakes Region of NY).

What did you study? Nursing. I never got a job as a nurse, but I used my training many times, especially taking care of Craig and Bob when they were sick.

What hobbies did you have as a child? All sports, especially softball and basketball, knitting, weaving.

Tell us about your family. Married to Bob Babcock, had two children. Craig, who passed away in 1993, and Lisa, who lives in Texas. Bob passed in 2003.

You and Bob owned the Montrose Department Store. Do you have any special memories of that? Yes, I worked as a fill in if someone was not there. I remember the special employees, (she had 10 of them over for dinner not long ago), and knowing everyone in town.

How long have you gone to SMCC? When I got married, Bob's family went to the Presbyterian Church. I went there and was in the choir and played the organ. I came to SMCC many years ago.

You are soon moving to Florida for good, are you excited? I have mixed emotions, I will miss it here, but need to be settled somewhere.

Can we put your address in the newsletter? Yes. 541 Fairways Drive, Titusville, FL 32780

Do you have a favorite Bible story? No, love them all. I feel touched by the Lord more often these days.

Favorite hymn? Amazing Grace.

Do you have a favorite vacation? I have been very blessed to go on many vacations with Lisa. We have been to Norway, South

America, Africa, Vietnam, and Costa Rica. I feel that I have had a VERY blessed life.

October is ADHD Awareness Month

October is the month that is set aside to promote awareness of ADHD (Attention Deficit Hyperactivity Disorder). I can tell you all about that. I thought someone might be interested to see what the signs and symptoms of ADHD are. This is the short version of what the new DSM-5 (the diagnostic manual doctors use) says are the characteristics of ADHD.

People with ADHD show a persistent pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development:

1. ***Inattention: Six or more symptoms of inattention for children up to age 16, or five or more for adolescents 17 and older and adults; symptoms of inattention have been present for at least 6 months, and they are inappropriate for developmental level:***
 - *Often fails to give close attention to details or makes careless mistakes in schoolwork, at work, or with other activities.*
 - *Often has trouble holding attention on tasks or play activities.*
 - *Often does not seem to listen when spoken to directly.*
 - *Often does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace (e.g., loses focus, side-tracked).*
 - *Often has trouble organizing tasks and activities.*
 - *Often avoids, dislikes, or is reluctant to do tasks that require mental effort over a long period of time (such as schoolwork or homework).*

- Often loses things necessary for tasks and activities (e.g. school materials, pencils, books, tools, wallets, keys, paperwork, eyeglasses, mobile telephones).
- Is often easily distracted
- Is often forgetful in daily activities.

2. **Hyperactivity and Impulsivity: Six or more symptoms of hyperactivity-impulsivity for children up to age 16, or five or more for adolescents 17 and older and adults; symptoms of hyperactivity-impulsivity have been present for at least 6 months to an extent that is disruptive and inappropriate for the person's developmental level:**

- Often fidgets with or taps hands or feet, or squirms in seat.
- Often leaves seat in situations when remaining seated is expected.
- Often runs about or climbs in situations where it is not appropriate (adolescents or adults may be limited to feeling restless).
- Often unable to play or take part in leisure activities quietly.
- Is often "on the go" acting as if "driven by a motor".
- Often talks excessively.
- Often blurts out an answer before a question has been completed.
- Often has trouble waiting his/her turn.
- Often interrupts or intrudes on others (e.g., butts into conversations or games)

In addition, the following conditions must be met:

- Several inattentive or hyperactive-impulsive symptoms were present before age 12 years.
- Several symptoms are present in two or more setting, (e.g., at home, school or work; with friends or relatives; in other activities).
- There is clear evidence that the symptoms interfere with, or reduce the quality of, social, school, or work functioning.
- The symptoms do not happen only during the course of schizophrenia or another psychotic disorder. The symptoms are not better explained by another mental disorder (e.g. Mood Disorder, Anxiety Disorder, Dissociative Disorder, or a Personality Disorder).

Based on the types of symptoms, three kinds (presentations) of ADHD can occur:

Combined Presentation: if enough symptoms of both criteria inattention and hyperactivity-impulsivity were present for the past 6 months

Predominantly Inattentive Presentation: if enough symptoms of inattention, but not hyperactivity-impulsivity, were present for the past six months

Predominantly Hyperactive-Impulsive Presentation: if enough symptoms of hyperactivity-impulsivity but not inattention were present for the past six months.

Because symptoms can change over time, the presentation may change over time as well.

Sounds a little confusing, but hopefully it is helpful.

Mary Hinds

Lay Servant Ministries
Equipping God's People for
Leadership in the Church

In 2012 the General Conference of the United Methodist Church approved legislation to change the name of Lay Speaking Ministries to **Lay Servant Ministries**. The new name was chosen to better define the role of those laity who wished to help lead in church beyond speaking alone.

The term "servant" best describes what Jesus told his disciples in John 13 after he himself had performed the duties of the lowliest servant. Just as Jesus called his disciples into service, we are called to live out our lives as servant leaders in the life of the church today.

Lay Servants can choose from different levels of training, all of which will help our churches raise up quality transformational leaders who can help our churches in their mission of making disciples of Jesus Christ for the transformation of the world.

Three Levels of Lay Servant Ministry...

Local Church Lay Servant: Serves primarily in the local church.

Requirements: (a) Pastor and charge conference approval. (b) Complete Modules 1-4 of "Equipping God's People" course. (c) File annual report to charge conference. (d) Complete a refresher course every 3 years.

Certified Lay Servant: Serves in the local congregation and beyond.

Requirements: (a) Pastor and charge conference approval. (b) Complete Modules 1-8 of "Equipping God's People" course. (c) File annual report to charge conference. (d) Complete a refresher certified lay servant course every 3 years.

Lay Speaker: Certified Lay Speaker who provides Pulpit Supply.

Requirements: (a) Pastor and charge conference approval. (b) Complete 8 Modules of "Equipping God's People." (c) Complete required courses for Lay Speaker.

(d) Interview with District Committee on Lay Servant Ministry. (e) Approval by Conference Committee on Lay Servant Ministries. (f) File annual report. (g) Complete a certified lay servant course every three years and interview with District Committee on Lay Servant Ministry.

If you have served as a Lay Speaker in the past, Local Church Lay Servant and Certified Lay Servant is where you would fit. The course work is a little different and yet similar. If you feel led by the Holy Spirit to preach beyond the local church, filling in for other pastors while they are away, then Lay Speaker is what you would focus on.

Brochures are in the church narthex for your convenience. I would encourage anyone who is thinking about this possibility to contact me. Courses are now being offered for Local Church Lay Servants and Certified Lay Servants in Chinchilla or Dorranceton. Brochures about those courses are also in the Narthex.

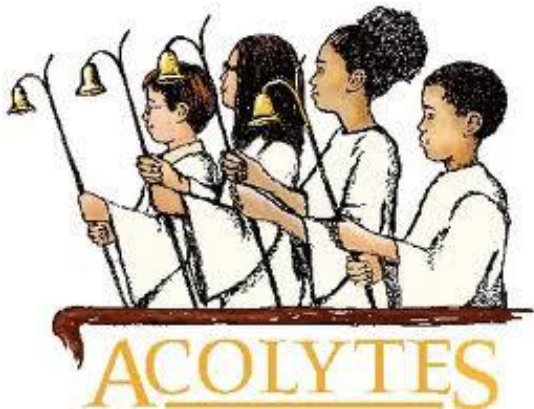
Currently we do not have anyone who is a Local or Certified Lay Servant. I would encourage you to think about it, pray about it, and see where God is leading you in ministry.

Pastor Jane



Communion Serving Schedule

November, 2013	Mary Jane Long
December, 2013	Phyllis Valentine
January, 2014	Diane Linaberry



Nursery & Acolyte Schedule

October 6 Chris & Kaylee
October 13 Brenda & Elizabeth
October 20 Annette & Clay
October 27 Kelly & Kohen

Helen Petersen, Debbie Brewer, Terri Franks, Butch Rosenkrans, Jonathan and Daniel Snell, Katherine, David & Mary Ann Pierce, Sarah Manzer, Sterling Barefoot, Les Hawley, Josh Capwell, teachers and students, those in the military, the unemployed, those in nursing homes, people in prison, our country, our world, our church and each other

New Church Website

<http://southmontrose.umchurches.org/>

Rev. Jane M. Pykus, Pastor

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(570)465-2318

Email: jpykus65@gmail.com



Our Prayers

In the church: Grace Harvey, Wayne Singer, Jim Linaberry, Gorden Linaberry, Melba Watkins, Joyce & Don Blaisure, Nic Remington, Harry Snell, Ben Owen, Theresa Owen, Craig Estelle, June Bishop, Marian Nye, Alice Porter, Belma Herrala, Doris Sebring, Doris Larnerd, Bob Dalrymple, Gladys Barber, Peggy Wood, Kathryn Sterling

In our community: Justin & Jess, Kids back to school, Philippa Follert, Jennifer VanEtten, Delbert Potts, Sandra Lathrop, Dominic, Arden Baker, Jean Weaver, Wayne Littlejohn, Debbie Bush, Jim Ochse, Joanne McCain, Sarah and Bill, Tina Barton, Robert Atticks, Sr, Liz Oliver, Julie Fair, Randy Ward, Mary Helen Booth, Dewey Hunsinger, Keith Pratt, John Paul Jones, Helen Crotta, Charlotte Maxey Ellis, Lisa Steele, Aaron Olah, Brooke Arnold, Dee Pierson, Dick Millard, Duane Snell,